

WHAT IS THE PFT MISSION?



The purpose of the IAFF/IAFC/ACE PFT certification program is to provide a fitness trainer standard consistent with the health and fitness needs of the Fire Service throughout the United States and Canada. Those successfully passing the certification examination will have demonstrated they possess the knowledge and skills required to design and implement fitness programs, improve the wellness and fitness of the uniformed members in their departments, assist in the physical training of recruits, and assist the broader community in achieving wellness and fitness.



International Association of
Fire Fighters

Department of
Occupational Health and Safety



Harold A. Schaitberger
General President

Vincent J. Bollon
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Director
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International Association
of
Fire Fighters

IAFF/IAFC/ACE
Peer Fitness
Training
Program



HAROLD A. SCHAITBERGER,
GENERAL PRESIDENT

VINCENT J. BOLLON,
GENERAL SECRETARY-TREASURER

INTERNATIONAL ASSOCIATION OF FIRE FIGHTERS

WHAT DO STUDENTS SAY ABOUT THE COURSE?

"Excellent training program and was a wonderful experience."

"One of the best fire-service related training programs I have ever attended."

"Very in-depth program and the information taken from the workshop will serve as a valuable tool for my fire department's wellness program."



NEED MORE INFORMATION, VISIT: www.iaff.org/hs/index.htm

or CONTACT:

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HOW MUCH DOES IT COST?

A fire department, fire academy, college/university, or other organization may be a host site for a minimum of 25 candidates at a fixed fee of \$16,875. This will enable you to immediately establish a workshop/examination date. We will allow up to 32 candidates, and the cost for each candidate over 25 will remain \$675. This fee also applies to those individuals taking the workshop on their own, not from the host department. Payment must be received prior to the start of the workshop. Otherwise, candidates will not be authorized to attend.

We accept organization purchase orders, checks, money orders and credit cards (VISA or MasterCard only). Checks or money orders, in US funds, shall be made payable to: IAFF/IAFC/ACE Peer Fitness Trainer Certification Program.



WHAT IS A PFT TRAINER?

An individual who successfully passes the PFT exam will have demonstrated they possess the knowledge and skills required to:

- ◆ Design and implement a fitness program;
- ◆ Improve the wellness and fitness of the uniformed members in your department;
- ◆ Assist in physical training of recruits;
- ◆ Assist the broader community in achieving wellness and fitness.



HOW LONG IS THE TRAINING?

A five-day PFT workshop, delivered through a network of host sites, is available to assist the candidate in preparing for the PFT examination. All candidates must register within three months prior to the workshop and/or examination administration to allow sufficient time to review the ACE Manual, PFT Self-Study Guide and Reference Materials.